

Conference programme

Exploring the self-management of IBS and what that really means to you

Saturday 14 April 2018

8:30am – 9:15am	Registration (Main entrance – The Owen building) and exhibition (The Atrium)
9:20am	Welcome by conference chair (Lecture theatre) Yvonne McKenzie , <i>Clinical Lead in IBS for the Gastroenterology Specialist Group of the BDA</i>
9:30am	What is self-management and why is it important? (Lecture theatre) Dr Simon Smale , <i>Gastroenterologist NHS York Trust</i>
9:45am	Open to debate Q&A
10:05am	Breath, bugs and bloating (Lecture theatre) Dr Anthony Hobson , <i>The Functional Gut Clinic</i>
10:25am	Open to debate Q&A
10:40am	The Politics of IBS (Lecture theatre) Prof Peter Whorwell , <i>Professor of Medicine and Gastroenterology at the University of Manchester</i>
10:55am	Open to debate Q&A
11:10am	Breakout session logistics explained
11:15am	Refreshments and exhibition (The Atrium)
11:45am	What works for you? (Eight breakout sessions, delegates attend allotted rooms)
12:30pm	Exhibition and lunch (The Atrium)
1:15pm	Lunchtime demo: Food Maestro app – (optional drop-in session, Lecture theatre)
1:40pm	Feedback from groups to main conference (Lecture theatre)
2:00pm	Relationships (Lecture theatre) Dr Adam Farmer , <i>Honorary Consultant Gastroenterologist & Lecturer, Barts and the London School of Medicine, Queen Mary University of London</i>
2:20pm	Self-care through IBS support groups (Lecture theatre) Vicky Grant , <i>IBS patient, researcher and Trustee of The IBS Network</i>
2:45pm	What do you want for the future? (Eight breakout sessions, delegates attend allotted rooms)
3:25pm	Refreshments and exhibition (The Atrium)
3:55pm	Feedback from groups to main conference (Lecture theatre)
4:15pm	Where to from here? (Lecture theatre) Yvonne McKenzie , <i>Clinical Lead in IBS for the Gastroenterology Specialist Group of the BDA</i>
4:45pm	Conference close
5:00pm	The IBS Network AGM
5:30pm	AGM close

Conference sponsors

