

# Conference speakers & chair



## Dr Adam Farmer

*Honorary Consultant Gastroenterologist & Lecturer, Barts and the London School of Medicine, Queen Mary University of London*



Dr Adam Farmer undertook his medical training at University College London, qualifying with the degrees of MB BS BSc (Hons) in 2001. He became a member of the Royal College of Physicians in 2004.

He trained in gastroenterology and general medicine in the West Midlands before moving to the Wingate Institute of Neurogastroenterology, Barts and the Royal London School of Medicine to carry out research funded by the Medical Research Council. Adam currently works at the University Hospitals of North Midlands and runs the neurogastroenterology service.

## Vicky Grant

*IBS patient, researcher and Trustee of The IBS Network*



Vicky is an IBS patient-researcher who is leading the Knowing as Healing project at the University of Sheffield.

Knowing as Healing is an appreciative inquiry which is developing library-based support groups to create change alongside people living with long-term conditions, such as IBS

## Dr Anthony Hobson

*Consultant Clinical Scientist, The Functional Gut Clinic*



Dr Anthony Hobson is an internationally renowned Consultant clinical scientist with experience across the NHS and private healthcare sectors as well as in academia and the pharmaceutical industry. Anthony trained in Manchester and gained a broad base of experience in assessing gut function from 'top to bottom' covering areas such as gastro-oesophageal reflux disease, IBS, incontinence and constipation. His industry experience provided further training in designing and implementing clinical trials to test experimental approaches and novel treatments in conditions like IBS, an area he is still passionate about.

Anthony's long-standing vision is that the highest quality Gastrointestinal (GI) Physiology testing should be available to all patients and as such he has set up mobile clinics with several NHS centres to provide these services.

Anthony has been recognised as advancing the field of GI Physiology by winning several prestigious awards including the Department of Health and Chief Scientific Officer's 'Young Healthcare Scientist' of the year. He has also been awarded the Functional Brain-Gut Young Investigator award (United States) and the EFIC Grunethal Young investigator in Pain award (Germany).

## Yvonne McKenzie

*Conference Chair  
Clinical Lead in IBS for the Gastroenterology Specialist Group of the British Dietetic Association (BDA)*



Yvonne is a clinical dietitian specialising in gastrointestinal nutrition and IBS. Her professional highlight is her dietetic work with NICE (National Institute for Health and Care Excellence) in the publications of Quality Standard, IBS in adults, and the update of Clinical Guideline 61 on the diagnosis and management of IBS in Primary Care.

Yvonne recently led a group of 12 dietitians to publish two papers in the *Journal of Human Nutrition & Dietetics* in 2016: BDA systematic review and evidence based practice guidelines for the dietary management, and for the use of probiotics in the management of IBS in adults. She presented this work at the 25th United European Gastroenterology Week (October 2017).

Her work in IBS has given her Roll of Honour in 2010, 2013, and 2017 by the BDA. She completed an MSC in Nutrition (1996) and a Diploma in Dietetics (1997) at King's College London. In 2017, Yvonne successfully completed a Post Graduate Certificate in Sport and Exercise Nutrition at Leeds Beckett University. Yvonne has also contributed to numerous publications, journal peer reviews and regularly lectures to student dietitians, practising dietitians, gastroenterologists, GPs and physiotherapists.

## Dr Simon Smale

*Gastroenterologist  
NHS York Trust*



Dr Simon Smale undertook his early medical training in Nottingham and Northampton then worked for Dame Professor Black at the Royal Free Hospital before doing his specialist training in Gastroenterology based at Kings College Hospital, London. During that time, Simon carried out research into the use of faecal markers in gastrointestinal disease and briefly collaborated with Prof Qasim Aziz. He was appointed Consultant at York District Hospital in 2005, developing his interest in functional disease and the psychosocial aspects of medicine. Simon has since been appointed Endoscopy Lead and Trust Lead for Gastroenterology as well as being involved in a range of IT developments, eating disorder management, patient safety and infection prevention initiatives.

## Prof Peter Whorwell

*Professor of Medicine and Gastroenterology at the University of Manchester*



At the University of Manchester, Prof Peter Whorwell directs a unit with a wide-ranging research programme into the clinical, epidemiological and pathophysiological aspects of functional gastrointestinal disorders. The unit cares for large numbers of these patients from across the UK and abroad and evaluates new treatment options including pharmacological, dietary and behavioural approaches.

Peter has published over 350 papers and chapters in his fields of interest and serves on a number of national and international advisory panels and working parties.