

## Slaw Salad

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*This is the perfect alternative to coleslaw.*

*This Slaw salad is friendly on the Gut and simple to make.*

*Perfect as a side dish for any barbecue.*



### Ingredients

- ½ courgette
- 1 carrot
- 1 bag of rocket
- 1 bag of radish
- 2 tablespoons of light mayonnaise
- 3 dessert spoons of pine nuts
- Salt & pepper

## Method

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Grate carrot, radish and courgette and squeeze out any excess water.  
Mix the mayonnaise with the carrot, radish, courgette, pine nuts, rocket and add salt + pepper to taste.

Enjoy